



TASTE OF SOUTH EAST ASIA

by Chef Devagi Sanmugam

COURSE CONTENT

WORKSHOP 1 – CHINESE CUISINE (19th September 2013)

- Introduction to Chinese cuisine
- eating habits and food culture
- Ingredients commonly used in Chinese cooking
- Art of using wok and cooking with a wok

Featured Recipes

Spring Rolls
Salt Baked Chicken
Sweet and Sour Prawns with Pineapple
Stir Fried Mixed Vegetables
Steamed Fish
Hakka Noodles

WORKSHOP 2 – THAI AND VIETNAMESE CUISINE (20th September 2013)

- Introduction to Thai and Vietnamese cuisine
- eating habits and food culture
- Ingredients commonly used in Thai and Vietnamese cooking
- Making of curry pastes and dips

Featured Recipes

Vietnamese Beef Noodles
Green curry chicken
Caramelized Poached Fish
Mango Salad
Pineapple Rice

WORKSHOP 3 – INDIAN AND SRI LANKAN CUISINE (21st September 2013)

- Introduction to Indian cuisine
- eating habits and food culture
- Ingredients commonly used in Indian cooking
- Art of using and blending spices, medicinal values and storage

Featured Recipes

Cauliflower Pakoras
Peshawari Pilau
Tandoori Chicken
Prawns Jalfrezi
Mixed Fruits Raita

WORKSHOP 4 – JAPANESE, KOREAN AND FILIPINO CUISINE (22nd September)

- Brief introduction to Japanese, Korean and Filipino cuisine
- eating habits and food culture
- Ingredients commonly used in above cooking

Featured Recipes

Chicken Yakitori
Bulgogi
Chicken Adobo in coconut milk
Teriyaki Salmon
Korean Ginseng Soup

WORKSHOP 5 – MALAYSIAN, INDONESIAN AND BALINESE (23rd September)

- Introduction to Malaysian, Indonesian and Balinese cuisine
- eating habits and food culture
- Ingredients commonly used in above cooking
- Herbs and spices used in above cuisine

Featured Recipes

Sate Lembu
Nasi Kuning
Lamb Rendang
Sambal Udang
Eurasian Cabbage Roll

WORKSHOP 6 – STREET FOODS OF ASIA (24th September 2013)

- Introduction to Streets foods of Asia
- eating habits and food culture
- Ingredients commonly used and eating habits

Featured Recipes

Chicken Rice (Singapore)

Potato Bonda (India)

Garlic Chicken Wings (Thailand)

Roti John (Malaysia)

Fresh Spring Rolls (Vietnam)